



ST.ANNE'S COPP COPP CHURCH  
OF ENGLAND PRIMARY SCHOOL,  
GREAT ECCLESTON



# PE POLICY



*"Let us love, not in word, but in truth and action." (1 John 3:18)*

September 2024

Approved by GB: September 2024  
Next review due: September 2025

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In building solid foundations for every unique individual and putting God's love at the centre of all we do, our children learn to embrace our diverse world. We encourage our children to learn universally in order to understand our heritage and roots as a village, town, region and nation. Through strong community links, our children grow in **compassion** and **understanding**, **promote justice** and possess commitment and **aspire** to make a positive difference. We offer an ambitious curriculum that ignites **curiosity** along with high personal expectations that fosters **resilience** and which enables them to flourish. Our children are easily distinguished by the **courage** they show when making brave choices and understand the importance of becoming the very best versions of themselves.

### **Aims:**

- To promote overall general health and awareness of health.
- To provide access to physical activity.
- To ensure that all pupils are physically active during their time at St. Anne's Copp.
- To support pupils in appreciating the importance of physical activity for their health and wellbeing.
- To encourage an enjoyment of physical activity.
- To support parents in encouraging physical activity at home and in school.
- To develop a range of motor skills.
- To provide a variety of games and activities which develop appropriate skills.
- To provide equipment to develop and enhance skills.
- To foster an appreciation of the skills and abilities of others.
- To encourage our pupils to help those who are less skilful in order to develop a sense of fair play.
- To provide opportunities for team events, including those which are competitive.
- To offer extra-curricular activities which may or may not be part of the regular school programme.
- To develop an awareness of safety matters with regard to self, others and equipment.

### **Definitions:**

Physical activity for the purposes of this policy is a leisure or non-leisure movement of the body that expends energy: such as, exercise, sports, dance, mobility training or physical therapy, brisk walking, swimming or other body movements that result in an increased heart rate. Adapted physical activities for purposes of this policy are physical activities that are designed for children whose special needs or other health conditions make it impossible for them to safely do physical activities appropriate to their needs. Physical activity will include scheduled PE along with other forms of scheduled physical activity: Afternoon Activity, movement activities in class, or other environments, as well as organized sports or games. Physical activity does not have to take place in the hall.

### **Curriculum Delivery:**

The class teachers will generally be responsible for PE provision for the class, in addition to the extra staff required for swimming. The PE subject leader will seek to support colleagues in delivering a balanced, comprehensive and progressive programme of physical activity from Reception to Year 6. The basis for all our work is guided by the National Curriculum for Physical Education Programme of Study and we use the Lancashire scheme of work by following the PE passport App. The programme of work and time allocation has been balanced out over a seven-year plan. The plan ensures a continuous balanced and progressive programme for each child from Reception to Year 6. The plan also takes into account seasonal influences. Whenever possible, relevant courses will be attended by the member of staff most suitable for the course. This will usually be the PE subject leader who will share ideas with colleagues. Consultations with the Advisor or Advisory teacher may be undertaken when required.

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### **Assessment:**

Children will be assessed in all areas throughout each year. The quality of pupils' learning in physical education is assessed by the extent to which the pupils:

- make progress in planning, performing and evaluating their movement in a variety of contexts;
- make good use of opportunities to repeat, to practice, to modify and to consolidate their physical skills;
- show an ability to explore and experiment, to solve problems and to improvise and to perform a rehearsed and polished sequence;
- are able to use a range of ways of learning from response to instructions, through structured tasks to more open-ended, problem solving activities;
- can work alone, in small groups and as part of a larger team;
- work co-operatively as well as competitively, sharing ideas and testing their skills;
- are willing to participate, to work hard, to practice until they have mastered a skill and to perform with a sense of commitment;
- show concern for the safety of themselves and others in their handling of equipment, their behaviour in specialist facilities and in their performance of physical activity. Further information on assessment can be found in the PE passport app.

### **Monitoring**

The PE leader monitors standards and children's attitudes towards PE in several ways:

- pupil voices questionnaire;
- information from observations of lessons;
- staff meeting discussions;
- staff audits;
- informal discussions with children

### **PE Kit**

- Navy blue or black shorts; plain white T-shirt or with school logo; black pumps (trainers may be worn for outdoors).
- Children may also wear navy blue or black jogging bottoms during the winter months.
- No jewellery, watches, headbands, earrings, tights can be worn for PE.
- Long hair should be tied back..
- Staff should at least ensure that their own footwear is suitable, and, where possible, wear appropriate clothing.

Children should come to school wearing their PE kits on their designated PE day.

### **Safety**

We follow safety requirements and guidelines as laid down Lancashire, who have adopted the British Association of Advisers and Lecturers in Physical Education (BAALPE) Safe Practice in

physical Education, as the official guidelines. Teachers make sure that there is a safe working environment for all PE lessons. Children are taught to carry equipment correctly, where necessary.

### **Differentiation**

Every PE lesson should be differentiated to maximize learning and ensure that the needs of individual children and groups are met. Children with special educational needs will participate in all activities as far as possible according to his/her abilities.

### **Non-Participants**

- All children will participate in PE activities unless there is a medical reason, which has been made clear in writing from the parent/carer.
- A record is kept, by the class teacher of children who regularly forget kit and passed onto the PE coordinator. Parents may then be contacted.
- Non-participants are encouraged to take as active a part as possible in the activities e.g. refereeing, time keeping, scoring, and evaluating performances.

### **PE and Sports Premium**

St. Anne's Copp Church of England Primary School, Great Eccleston use the funding to make additional and sustainable improvements to the quality of physical education (PE), physical activity and sport that we offer.

We use the premium to:

- develop or add to the PE, physical activity and sport activities that our school already offers
- build capacity and capability within the school to ensure that improvements made now will benefit pupils joining the school in future years We can use the premium to secure improvements in the following indicators:
  - the engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
  - the profile of PE and sport is raised across the school as a tool for whole-school improvement
  - increased confidence, knowledge and skills of all staff in teaching PE and sport
  - broader experience of a range of sports and activities offered to all pupils
  - increased participation in competitive sport We may also use our funding to:
    - provide staff with professional development, mentoring, training and resources to help them teach PE and sport more effectively and embed physical activity across your school
    - hire qualified sports coaches to work with teachers to enhance or extend current opportunities
    - introduce new sports, dance or other activities to encourage more pupils to take up sport and physical activities
    - support and involve the least active children by providing targeted activities, and running or extending school sports and holiday clubs
    - enter or run more sport competitions
    - partner with other schools to run sports activities and clubs
    - increase pupils' participation in the School Games
    - encourage pupils to take on leadership or volunteer roles that support sport and physical activity within the school
    - raise attainment in primary school swimming to meet requirements of the national curriculum before the end of key stage 2
    - embed physical activity into the school day through active travel to and from school, active playgrounds and active teaching Raising attainment in primary school swimming:
      - The premium will be used to fund the professional development and training that are available to schools to train staff to support high quality swimming and water safety lessons for our pupils.

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We also provide additional top-up swimming lessons to pupils in Year 5 and Year 6 who have not been able to meet the national curriculum requirements for swimming and water safety after the delivery of core swimming and water safety lessons.

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