



Social, Emotional and Mental Health



Relating to difficulties with :

Social and emotional development difficulties related to :

- Social isolation
- Negative social interactions
- Poor emotional regulation
- Issues with self-image and self-esteem
- Violent or aggressive outbursts
- Low self-esteem
- Poor impulse control
- Anxiety
- Depression

HOW WE SUPPORT : QUALITY FIRST TEACHING – ALL CHILDREN

- Discovery Education PSHE scheme
- Curriculum linked with assemblies
- Teacher awareness and understanding of learning needs of all children
- A broad, balanced and engaging curriculum
- Using high-quality stories and books to develop key values eg. empathy
- Relationship based approach to behaviour management
- Positive recognition for rewards
- Weekly recognition of school values and behaviours

SEN SUPPORT - SOME CHILDREN

- ELSA interventions
- Lego therapy interventions
- Social stories
- Comic strip conversations
- Circle of friends intervention
- Learning breaks to regulate
- Fidget toys
- Behaviour logs and ABC charts to look for triggers
- Zones of Regulation intervention
- Early Help Assessment and Action Plan
- Referral for family support to Triple P parenting if needed
- Referrals for children to attend low-level external interventions such as Inside Out
- Forest schools

HIGH NEEDS SUPPORT – FEW CHILDREN

- Individual SEND plan in place with regular parent / carer communication points
- Interventions personalised and planned around needs
- 1:1 TA support where needed
- Involvement of agencies eg. Educational Psychologist, Wellbeing service, CAMHS
- Collaboration with parents between review contact points
- Calm space
- Therapeutic interventions